

## Other useful free services

Telephone Preference Service:  
0845 070 0707  
[www.tpsonline.org.uk](http://www.tpsonline.org.uk)

Fax Preference Service:  
0845 070 0702  
[www.fpsonline.org.uk](http://www.fpsonline.org.uk)

Email Preference Service:  
[www.dma.org.uk](http://www.dma.org.uk)

For more information on waste reduction and recycling  
in Somerset visit our website:

[www.somersetwaste.gov.uk](http://www.somersetwaste.gov.uk)

Somerset Waste Partnership 01823 625700  
[enquiries@somersetwaste.gov.uk](mailto:enquiries@somersetwaste.gov.uk)

## Working together for equalities

If you need this information in large print, Braille, audio  
or another language please contact us as above



RNID typetalk

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Somerset Waste Partnership manages waste and recycling services on  
behalf of all local authorities in Somerset.

# Cut Out Junk Mail

Your guide to reducing unwanted mail



## For junk mail with your address ...



### Register with the **Mailing Preference Service (MPS)**.

Send MPS your name and address and you will gradually receive less addressed junk mail. It takes up to four months to start completely and lasts five years.

You will still receive mail from companies that you have done business with in the past e.g. catalogue companies. Please contact them direct to remove your name from their lists.

All members of a household with the same surname are covered.

For more information about the mailing service or to register: -

- [www.mpsonline.org.uk](http://www.mpsonline.org.uk)
- 0845 703 4599
- [mps@dma.org.uk](mailto:mps@dma.org.uk)

Mailing Preference Service  
FREEPOST 29 LON20771  
London  
W1E 0ZT

## For junk mail with no address...

Register with **Royal Mail Door to Door Service**.

Much of your unaddressed junk mail is posted on a regional basis using services like Royal Mail Door to Door. By registering your name and full address you will stop receiving some unaddressed junk mail. This can take up to six weeks to start.

Please write with your full name and address to:

- [optout@royalmail.com](mailto:optout@royalmail.com)
- Door to Door Customer Services  
FREEPOST RRBT-ZBXB-TTTS  
Royal Mail Door to Door Opt Outs  
Kingsmead House  
Oxpens Road  
Oxford  
OX1 1RX

By using this service, you will no longer receive the unaddressed information that your District and County Councils send out. The Royal Mail is the only distributing company that offers this service.

Register with **Direct Marketing Association**.

The Direct Marketing Association UK (DMA) is the trade body for the direct marketing industry. You can exercise 'Your Choice' to ask distribution companies that are members of the DMA to stop the delivery of unaddressed mail to your home.

For more information about 'Your Choice' or to register: -

- [www.dma.org.uk](http://www.dma.org.uk)
- 020 7291 3300
- [yourchoice@dma.org.uk](mailto:yourchoice@dma.org.uk)

Your Choice Preference Scheme  
Direct Marketing Association (UK) Ltd  
DMA House, 70 Margaret Street  
London W1W 8SS

